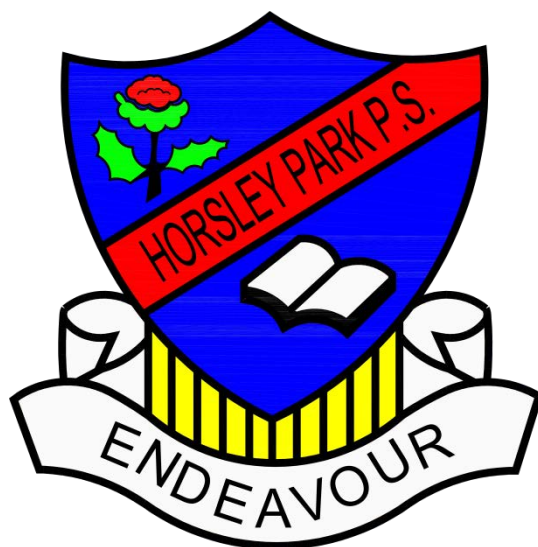


HORSLEY PARK PUBLIC SCHOOL

SUN SAFE POLICY



AIMS

The aims of the Sun Safe Policy are to promote among students, staff and parents:-

- Positive attitudes towards skin protection.
- Lifestyle practices that can help reduce the incidence of skin cancer and the number of related deaths.
- Personal responsibility for and decision – making about skin protection.
- Awareness of the need for environmental changes in schools to reduce the level of exposure to the sun.

Implementation Strategies for Skin Protection

The purpose of the policy is to ensure that all students attending our school are protected, throughout the year, from skin damage caused by the harmful ultraviolet rays of the sun.

Our school is committed to:-

1. Scheduling outdoor activities

- Scheduling, where possible, outdoor activities (assemblies, sport, PE, etc) outside peak UV times of 10am – 2pm (11am – 3pm daylight saving time).
- Considering all sun protection measures when planning outdoor activities and excursions.

2. Providing Shade

- Providing shade (trees, built and portable shade structures etc) in areas where students gather – such as eating, outdoor teaching and popular play areas.
- Encouraging students to use the shade available when outside.
- Considering the availability of shade when planning all outdoor activities and excursions.

3. Hats that satisfy Cancer Council guidelines

- Encouraging students to wear sun-safe hats that protect the face, neck and ears when outside.
- All new kindergarten students are given a free broad brimmed hat to encourage the use of this hat.

- Ensuring students who do not have a sun-safe hat play in the shade or a suitable area protected from the sun.

4. Sun-safe Clothing

- Sun-safe clothing is part of our school and sports uniforms. This includes shirts with collars or covered necklines, sleeves, longer style dresses and shorts, and rash vests or t-shirts for outdoor swimming.
- Encouraging Sun-safe clothing on excursions, camp and mufti days.

5. Sunscreen

- Where possible, SPF 30+ broad-spectrum water-resistant sunscreen is available for staff and students.
- Encouraging the use of sunscreen (self applied)
- Applying sunscreen, where possible, at least 20 minutes before going outdoors.
- Encouraging students and teachers to reapply sunscreen every 2 hours when outdoors for extended periods.

6. Role modelling of staff

- Asking staff to role model good sun protection behaviours when outside. This includes:
 - Wearing sun-safe hats, clothing and sunglasses.
 - Applying SPF 30+ broad-spectrum water-resistant sunscreen.
 - Seeking shade, where possible.

7. Curriculum

- Teachers including sun protection principles in teaching programs for all year levels.

8. Informing the school community

- Regularly promoting Sun protection information to the school community through newsletters, notice boards, online, parent meetings, staff meetings, school assemblies and on student enrolment.
- Encouraging families and visitors to use a combination of sun protection measures (sun-safe hats, clothing, sunglasses and SPF 30+ broad spectrum water-resistant sunscreen) when attending or participating in outdoor activities.

9. Review

- Regularly monitor and review the effectiveness of the Sun Protection Policy.
- Submitting the school's Sun Protection Policy to the Cancer Council of NSW once every three years to maintain SunSmart status.