

## **CANTEEN MENU**

OPEN MONDAY, WEDNESDAY, THURSDAY

(GF) Gluten Free. (D) Dairy Free. (E) Egg Free.



					RIFLE
Cold Lunches		Price:	Hot Lunches		Price:
Option 1:		\$5.00	Option 1:	Chicken Pops with a side salad	\$5.00
Option 2:	Veggie Wrap	\$5.00	Option 2:	Beef Pasta Bolognese	\$5.00
Option 3:		\$5.00	Option 3:	Rissoles with cheese	\$5.00
Option 4:	Quiche muffins with egg, cheese, tomato, mushrooms & chicken	\$5.00	Option 4:	Veggie spring rolls	\$5.00
Option 5:	Bread and Spread (vegemite / honey / jam / cheese)	\$2.00	Option 5:	Ham Pizza bread	\$5.00
			Option 6:	Chicken Pizza bread	\$5.00
aily Recess / Snacks:		Price:	Frozen Snacks:		Price:
Option 1:	Seasonal Fruit Salad (GF, E, D)	\$1.50	Option 1:	Frozen Fruit Pops	\$1.50
Option 2:	Tomato, Cucumber, Carrot sticks served with Hummus.	\$1.50	Option 2:	Frozen Fruit Pieces	\$0.50
Option 3:	Buttered Air Popped Popcorn (GF, E)	\$0.50			
Option 4:	Flavoured Air Popped Popcorn (GF, E, D)	\$0.50			
Option 5:	'Good for you' Baked Goods	1.00			
Option 6:	Corn Chips & Salsa (GF, E, D)	\$0.00			
Option 7:	Healthy Chip Packet	\$0.00			
Orinks:		Price:	HOW TO ORDER:		
	Water Strawberry Flavoured Milk Chocolate Flavoured Milk Organic Juice		No orders will be taken at the canteen.		
			Fill in Cante	Fill in Canteen Order form and return to class teacher	
			with money.	with money. Small change will be returned to your child.	
			Lunches made fresh daily on site and ingredients can be		
			ommitted if requested on the order form.		
			Thanks for supporting our school.		